

SAFF U19 WOMEN'S CHAMPIONSHIP 2026

Match Report

31/01/2026 03:00 (UTC+5.75) Asia/Kathmandu • Pokhara Rangasala

Stadium, Pokhara • Nepal

Attendance: 116

Match No: 2

Duration: 1 h 54 min

Report Date: 31/01/2026 05:26

HOME TEAM

LEAGUE • ROUND 1 / 1 • MATCHDAY 1 / 3

AWAY TEAM

OFFICIALS

Referee:

YANGKHEY TSHERING

1st Assistant referee:

CHODEN KINZANG

2nd Assistant referee:

KHATUN SHOHANA

Fourth official:

OM CHOKI

Reserve Assistant referee:

TAHURA SHARABAN

Match commissioner:

DORJI MINDU

Referee assessor:

SHRESTHA BINA .N.

TIME

	Start-End time	NT (ST)
1P	03:00 - 03:49	45' (+4')
2P	04:04 - 04:54	45' (+5')

LEGEND

C	Captain
GK	Goalkeeper
Goal	Goal
OG	Own goal
GP	Penalty scored
XP	Penalty missed
Y	Yellow card
2Y	Second yellow (Red card)
R	Red card
Substitution	Substitution
Player in	Player in
Player out	Player out
Penalty shoot-out scored	Penalty shoot-out scored
Penalty shoot-out missed	Penalty shoot-out missed
P	Period
XT	Extra time
NT	Normal time
ST	Stoppage time
BM	Before match
BP	Between periods
AM	After match
PSO	Penalty shoot-out
BET	Before extra time
HET	Between extra time periods
AET	After extra time

 INDIA U-19 W, 2026

1

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0

NEPAL U-19 W, 2026 



0 1st Period 0
1 2nd Period 0
0 Extra time 0



STARTING (11)

#	Player
1	MUNNI . 
7	JULAN NONGMAITHEM 
3	TANIYA DEVI TONAMABAM
4	ELIZABED LAKRA
5	DIVYANI LINDA
8	ANUSHKA KUMARI 
9	PEARL FERNANDES 
14	VALAINA JADA FERNANDES 
16	REDIMA DEVI CHINGKHAMAYUM 
17	ABHISTA BASNETT
18	ALVA DEVI SENJAM

#	Player
22	JHARNA DUMRAKOTI 
8	SUSHILA KC 
3	SALONI KUMARI CHAUDHARI 
4	GYANSHU DOLMA LO
5	ASKHIKA KARKI 
9	SAHARA LIMBU 
10	BARSHA OLI
11	BHUMIKA BUDATHOKI
13	MIN MAYA SHRESTHA
14	MAYA MASKE
18	SRIJANA BADUWAL 

SUBSTITUTES (12)

#	Player
2	ALENA DEVI SARANGTHEM
6	THANDA MONI BASKEY 
10	SHVETA RANI
11	ANITA DUNG DUNG 
12	PRITIKA BARMAN 
13	SURAJMUNI KUMARI
15	JOYSHINI CHANU HUIDROM
19	ALISHA LYNGDOH
20	ANWITA RAGHURAMAN 
21	BINITA HORO
22	AKASHI NAIK
23	SHELNA MARIA SAJIT

SUBSTITUTES (11)

#	Player
2	PRAJITA RAI 
6	ALIJA KUMARI BK
7	YAM KUMARI BK 
12	PURNIMA TADI 
15	SANGITA KUMARI MALLA 
16	JUNA TAMANG.
17	ANITA RANA MAGAR
19	SENU PARIYAR
20	KRITISHA TAMANG
21	NIRMALA ACHARYA
23	BARSHA KUNWOR

Head Coach: PAMELA CONTI

Assistant Coach: VINCENZO CONTI

Assistant Coach: NIVETHA RAMADOUSS

Team Manager: Kabilan Murugan

GK Coach: CHANDI DAS

Physiotherapist: YASHNA CHETTRI

Media Officer: AKHIL RAWAT

Head Coach: SUMAN SHRESTHA

Assistant Coach: RAJU TAMANG

Assistant Coach: ANU LAMA

Team Manager: SHUSILA SUSLING

GK Coach: RAJU SINGH MAHARJAN

Physiotherapist: ANKITA PANCHARYA

MATCH EVENTS

INDIA U-19 W, 2026

NEPAL U-19 W, 2026

1P

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	1P	
	43'	MIN MAYA SHRESTHA
ELIZABED LAKRA	45'	
	2P	
in THANDA MONI BASKEY, out ANUSHKA KUMARI	46'	
in PRITIKA BARMAN, out VALAINA JADA FERNANDES	46'	
PEARL FERNANDES	49'	
	58'	in SANGITA KUMARI MALLA, out SALONI KUMARI CHAUDHARI
in ANITA DUNGDUNG, out REDIMA DEVI CHINGKHAMAYUM	70'	
	81'	in YAM KUMARI BK, out SRIJANA BADUWAL
in ANWITA RAGHURAMAN, out PEARL FERNANDES	85'	
	89'	in PURNIMA TADI, out ASKHIKA KARKI
	89'	in PRAJITA RAI, out SAHARA LIMBU

PENALTY SHOOT-OUT

INDIA U-19 W, 2026

NEPAL U-19 W, 2026

Kick	#	Player	Outcome	Kick	#	Player	Outcome
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SIGNATURES

Referee	Match commissioner	Head coach (Home)	Head coach (Away)
Signed			