

SAFF U19 WOMEN'S CHAMPIONSHIP 2026

Match Report

02/02/2026 03:00 (UTC+5.75) Asia/Kathmandu • Pokhara Rangasala
Stadium, Pokhara • Nepal
Attendance: 470

Match No: 4

Duration: 1 h 53 min

Report Date: 02/02/2026 05:29

HOME TEAM

LEAGUE • ROUND 1 / 1 • MATCHDAY 2 / 3

AWAY TEAM

OFFICIALS



BHUTAN U-19 W, 2026



1 : 2

NEPAL U-19 W, 2026



0 1st Period 1
1 2nd Period 1
0 Extra time 0

Referee:

TUDU MAHI

1st Assistant referee:

RAI SUSHMITA

2nd Assistant referee:

MONE SALMA AKTER

Fourth official:

TAHURA SHARABAN

Reserve Assistant referee:

KHATUN SHOHANA

Match commissioner:

THATTE SUVRAT

Referee assessor:

SHRESTHA BINA .N.

TIME

	Start-End time	NT (ST)
1P	03:00 - 03:47	45' (+2')
2P	04:02 - 04:53	45' (+6')

LEGEND

- C Captain
- GK Goalkeeper
- Goal
- OG Own goal
- P Penalty scored
- ✕ Penalty missed
- Y Yellow card
- 2Y Second yellow (Red card)
- R Red card
- ↕ Substitution
- ↑ Player in
- ↓ Player out
- ✓ Penalty shoot-out scored
- ✕ Penalty shoot-out missed
- P Period
- XT Extra time
- NT Normal time
- ST Stoppage time
- BM Before match
- BP Between periods
- AM After match
- PSO Penalty shoot-out
- BET Before extra time
- HET Between extra time periods
- AET After extra time

STARTING (11)

#	Player
22	SONAM CHODEN GK
5	SONAM CHODEN C + 58'
6	KHANDU TSHOMO + 72'
7	SANGAY WANGMO
8	JIGME TENZIN CHODEN
9	TSHERING LHAMO
11	CHORTEN ZANGMO
16	UGYEN TSHOMO + 72'
17	TSHENDU TSHERING PELZOM
18	NIMA WANGMO
20	PEMA DEKAR

SUBSTITUTES (12)

#	Player
1	DEKI YANGZOM
2	KELZANG WANGMO
3	NGAWANG CHOKI WANGMO
4	SUSMITA SUBBA
10	PEMA LHAZIN + 72'
12	KINLEY ZANGMO
13	SONAM CHODEN + 72'
14	TSHERING LHAM + 58'
15	KINLEY YANGDON
19	SONAM YANGDEN
21	KELZANG WANGMO
23	TENZIN LHAZOM

STARTING (11)

#	Player
22	JHARNA DUMRAKOTI GK
8	SUSHILA KC C + 79'
4	GYANSHU DOLMA LO
5	ASKHIKA KARKI
9	SAHARA LIMBU
10	BARSHA OLI
11	BHUMIKA BUDATHOKI + 90'(+5')
13	MIN MAYA SHRESTHA
14	MAYA MASKE
15	SANGITA KUMARI MALLA + 27'
18	SRIJANA BADUWAL + 79'

SUBSTITUTES (12)

#	Player
1	SABNAM RAI
2	PRAJITA RAI + 27'
3	SALONI KUMARI CHAUDHARI + 90'(+5')
6	ALIJA KUMARI BK
7	YAM KUMARI BK + 79'
12	PURNIMA TADI
16	JUNA TAMANG.
17	ANITA RANA MAGAR + 79'
19	SENU PARIYAR
20	KRITISHA TAMANG + 79'
21	NIRMALA ACHARYA
23	BARSHA KUNWOR

Head Coach: TANKA MAYA GHALLEY

Assistant Coach: RINCHEN DEMA

Team Manager: SONAM CHODEN

GK Coach: MON BDR. BHATTRAI

Media Officer: TSHERING YANGCHEN

Team Leader: JIGME TSHEWANG

Physiotherapist U19: PHUB TSHERING

Head Coach: SUMAN SHRESTHA

Assistant Coach: RAJU TAMANG

Assistant Coach: ANU LAMA

Team Manager: SHUSILA SUSLING

GK Coach: RAJU SINGH MAHARJAN

Physiotherapist: ANKITA PANCHARYA

MATCH EVENTS

BHUTAN U-19 W, 2026

NEPAL U-19 W, 2026

	1P	
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	1P	
	27'	in PRAJITA RAI, out SANGITA KUMARI MALLA
	36'	SRIJANA BADUWAL
KHANDU TSHOMO	45'(+1')	
	2P	
in TSHERING LHAM, out SONAM CHODEN	58'	
	69'	PRAJITA RAI
in SONAM CHODEN, out KHANDU TSHOMO	72'	
in PEMA LHAZIN, out UGYEN TSHOMO	72'	
	79'	in ANITA RANA MAGAR, out SUSHILA KC
	79'	in YAM KUMARI BK, out SRIJANA BADUWAL
	79'	in KRITISHA TAMANG, out PRAJITA RAI
TSHERING LHAMO	86'	
SONAM CHODEN	87'	
	90'(+5')	in SALONI KUMARI CHAUDHARI, out BHUMIKA BUDATHOKI

PENALTY SHOOT-OUT

BHUTAN U-19 W, 2026

Kick	#	Player	Outcome

NEPAL U-19 W, 2026

Kick	#	Player	Outcome

SIGNATURES

Referee	Match commissioner	Head coach (Home)	Head coach (Away)